# Mahatma Education Society's

# PILLAI HOC COLLEGE OF ARTS, SCIENCE AND COMMERCE RASAYANI

# **IQAC - MINUTES OF MEETING**

Minutes of the meeting held on 05/02/19 in the IQAC Cell at 4 p.m.

# Agenda: -

#### Discussion on: -

- 1. Feedback of the teachers about the first module of Positive Psychology
- 2. Any improvisations to be made in the upcoming modules

Chaired by: - Dr. Lata Menon, Principal

# Attended by: -

- 1) Ms. Swati Mishra, IQAC Convener
- 2) Mr. Sujith Babu, IQAC Co-convener
- 3) Mr. Binit Kumar, Vice Principal
- 4) Dr. Jayanta Behera
- 5) Ms. Remya Madangopal
- 6) Ms. Sindhuja Joshi
- 7) Ms.Babitha Kurup
- 8) Mr. Swapnil Patil
- 9) Ms. Harshita Singh
- 10) Ms. Sweta R C
- 11) Mr. Deepesh Jagdale

- I. The Chairperson read the Minutes of the previous meetings.
- II. Announcements:
  - Alumni meet would be held on 16<sup>th</sup> February, 2019.
  - Women's Day Celebration would be held on 8th March, 2019.
- III. Report

The following points were discussed:

#### Agenda – 1 (Feedback of the teachers about the first module of Positive Psychology)

The IQAC members shared the feedback received from the other faculty members regarding the first module of Positive Psychology. It was observed that both students and faculty members felt a significant increase in energy, boost in morale and enhancement in performance. The module contents circulated proved to be an ideal guideline on the approach and methodology to be pursued during the positive psychology sessions.

#### Agenda – 2 (Improvisations to be made in the upcoming modules)

A general assembly of all the students and faculty members across all courses and classes shall be held on 11<sup>th</sup> February, 2019 in the auditorium, during the lecture slotted for positive psychology session. The college psychology counselor Ms. Jarvis Verghese would be requested to conduct an interactive session with the students on this occasion. She is also a music therapist who has many years of experience to her credit.

Also the IQAC team resolved to include more activities in the contents of the further modules that would provide alternate techniques to the staff handling the lectures.