

## MEMORANDUM OF UNDERSTANDING (MoU) BETWEEN

Mahatma Education Society's
Pillai HOC College of Arts, Science and
Commerce, Rasayani
AND



Soroptimist Welfare Association (Soroptimist International Bombay Chembur)

This MoU is entered into on the 01st March, 2020 between Pillai HOC College of Arts, Science and Commerce, Rasayani (hereinafter called PHCASC) situated at Rasayani, Raigad, affiliated to University of Mumbai and Soroptimist Welfare Association (Soroptimist International Bombay Chembur), hereinafter referred to as (SWA), to be functional for a period of three Academic Years from this day on (till 01st June, 2023).

#### **General Objective:**

This Memorandum of Understanding (MoU) between PHCASC & SWA is to stimulate and facilitate the development of collaborative and mutually beneficial programmes and activities which serve to benefit the society, and enhance community well-being by engaging in affirmative action and networking in the areas of Women Empowerment, Environmental Sustainability and Promotion of International Goodwill, Understanding & Friendship.

#### Areas and Modes of Collaboration:

MES' Pillai HOC College of Arts, Science and Commerce, Rasayani and Soroptimist Welfare Association have agreed that in support of their mutual interests in the fields of Community service, both the institutions will:

- Collaborate to enhance work in the areas of health, hygiene and sanitation for women & girls by organizing talks, seminars, training sessions, sensitizing activities etc.
- 2. Work towards the improvement of the economic, financial and social conditions of women & girls by helping each other in fundraising activities and providing support through education.
- To provide support to the destitute & abandoned children & senior citizens in society by providing emotional and financial support
- 4. To encourage debates & discussions on issues affecting women & their families and thereby spread awareness
- 5. To organize seminars, workshops & activities to spread awareness on environmental sustainability issues thus helping the society at large at the institutional level and individual level

6. To collaborate in activities that promote international goodwill, understanding & friendship

#### **Duration of the MoU:**

This MoU, unless extended by mutual written consent of the Institutes, shall expire in five years after the effective date specified in the opening paragraph. However, on review, the MoU may be renewed by mutual consent.

#### Signed in Duplicate:

This MoU is executed in duplicate with each copy being an official version and having equal validity. By signing below, the Institutes, acting by their duly authorized officers, have caused this Memorandum of Understanding to be executed, effective as of the day and year first above written.

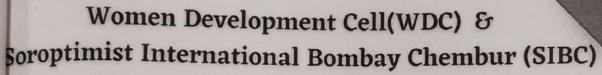
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Prof. Remya Madan Gopal IQAC Coordinator	Dr. Lata Menon Principal	Ms. Yvette Lee President	
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MES' Pillai HOC College of Arts, Science and Commerce, Pillai HOCL Educational Campus, Rasayani, Raigad - 410207		Soroptimist Welfare Association (Soroptimist International Bombay Chembur), Mumbai- 400 071 Bombay Public Trust Act, (1950)	
On Behalf of:		Reg. No. F 46909(Mumbai) Societies Registration Act, (1860) Reg. No2048	

Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani

(Accredited by NAAC)

RESPONSIBLE NETISM





In association with

Internal Quality Assurance Cell (IQAC)

in collaboration with the NGO

"Responsible Netism"

**ORGANISE** 

A WEBINAR

ON

"CYBER SAKHI"

Resource Persons



Mr. Unmesh Joshi Co-Founder of Responsible Netism.



Ms. Sonali Patankar Founder of Responsible Netism and President of Ahaan Foundation.

30/9/2020 3.00 pm to 4.30 pm

Registration Link:

s://forms.gle/NUgMp6t48fiUwTLN7hea

PLATFORM: GMEET

#### Mahatma Education Society's

### Pillai HOC College of Arts, Science and Commerce, Rasayani

#### Report on a Webinar on Cyber Sakhi

To mark the Golden Jubilee Year of Mahatma Education Society, Women Development Cell (WDC) of Pillai HOC College of Arts, Science and Commerce (PHCASC), Rasayani, and Soroptimist International Bombay, Chembur (SIBC) jointly organized a Webinar on Cyber Security in association with Internal Quality Assurance Cell (IQAC) exclusively for female staff members and students of our college to promote cyber wellness and create awareness on Cybercrime against women. Online Platform for the event was Google Meet. A total of 236 participants attended the same.

The guests of honour for the said event were introduced by Prof. Disha Chotaliya which was followed by the opening remark by Prof. Remya Madan Gopal. The speakers of the event were:

- 1. Ms. Sonali Patankar, Founder, Ahaan Foundation.
- 2. Mr. Unmesh Joshi, Co-Founder, Ahaan Foundation.

The Webinar was divided into two sessions. The first one was taken by Ms. Sonali Patankar, whereas the second session was taken by Mr. Unmesh Joshi.

#### First session:

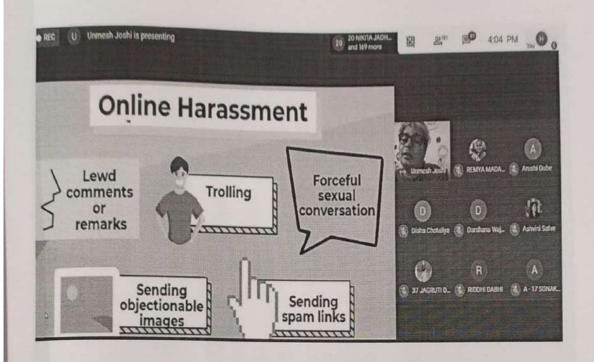
Ms. Sonali Patankar talked about how the social media platform is used by many specifically the pros and cons. She highlighted the several Cybercrimes committed against women such as Fake profile, Hacking, Stalking, Morphing, Cyber bullying, Cyber terrorism so on and so forth. She intimated the students about a professional hacker course which could be done after graduation and also spoke about the several complications in cyberspace with relevant examples. She spoke about, Morphing and how it could be used against another person on the internet. She shed light on Bullying and how it is raging on social media platforms. She spoke about various things which should be kept in mind when it comes to Cyber bullying like acceptance, content identification, never destroy evidence, never respond to Bullying, reporting of Bullying. She enlightened the participants with several other frauds like financial

how to stay away from it as being a part of the said group could lead to undesired consequences. A lot of information about online gaming and the importance of choosing the right sort of game were also mentioned. A tip to stay away from online gaming addiction was also shared. She spoke in length about the excessive use of electronic devices(pros and cons), Selfie consequence(how it becomes an obsession), Proper use of the hashtag, Consequences of virtual relationships and pornography content, Raising voice against objectionable content and the need to keep digital footprints clean.

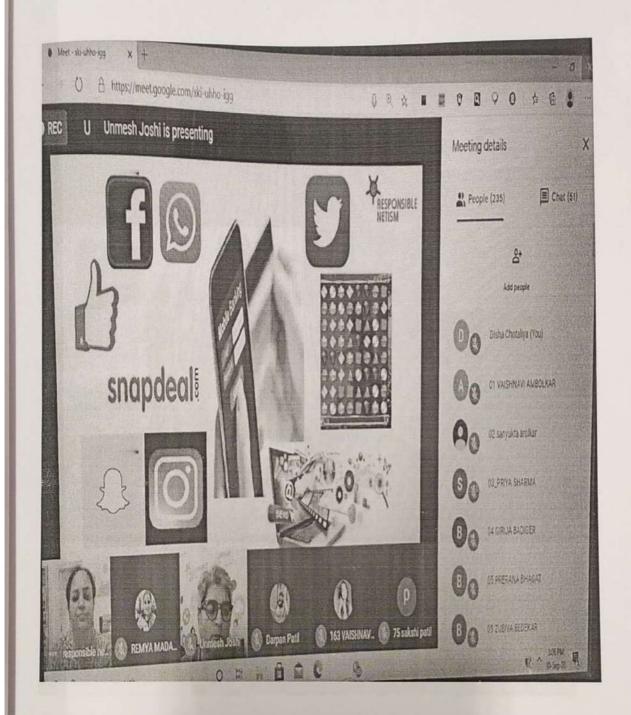
#### Second session:

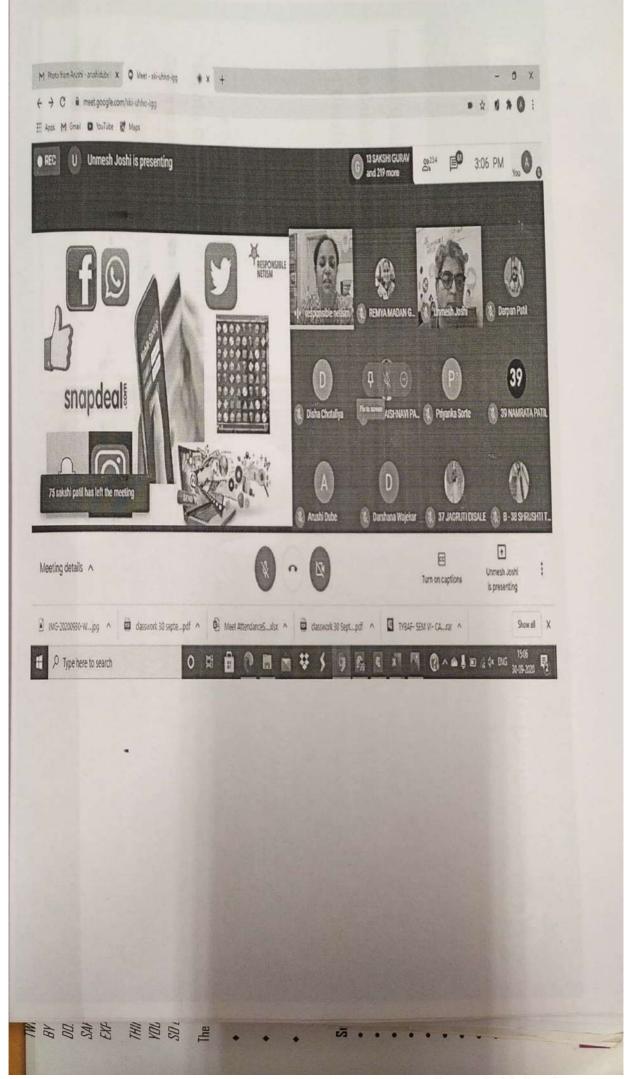
Mr. Unmesh Joshi addressed the participants for the second session. He spoke about URL verification and the need to investigate the news items before forwarding. In this age, where fake news has become rampant, it is always important to cross-verify before sharing anything online. He spoke about social media sites and how auto-downloading of images should be disabled. Certain security tips like Mobile Antivirus, Updation of the operating system, Secured wifi routers, changing the password frequently and parental control settings were provided to the participants. Mr. Unmesh spoke about social media safety settings, the importance of reporting fake accounts and the importance of reading the terms and conditions before downloading any app. He spoke on length about the laws of cyber security, discussed various sections, the nature of the crime and the punishment of the crime. The various steps to be taken in case of a crisis were discussed. The need for responsible online behaviour was also put forward.

Finally, Sir addressed the queries of all the students in a Q & A session which was followed by the vote of thanks by Prof. Disha Chotaliya. The feedback link was shared with the attendees.



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# Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce, Rasayani (Accredited by NAAC)

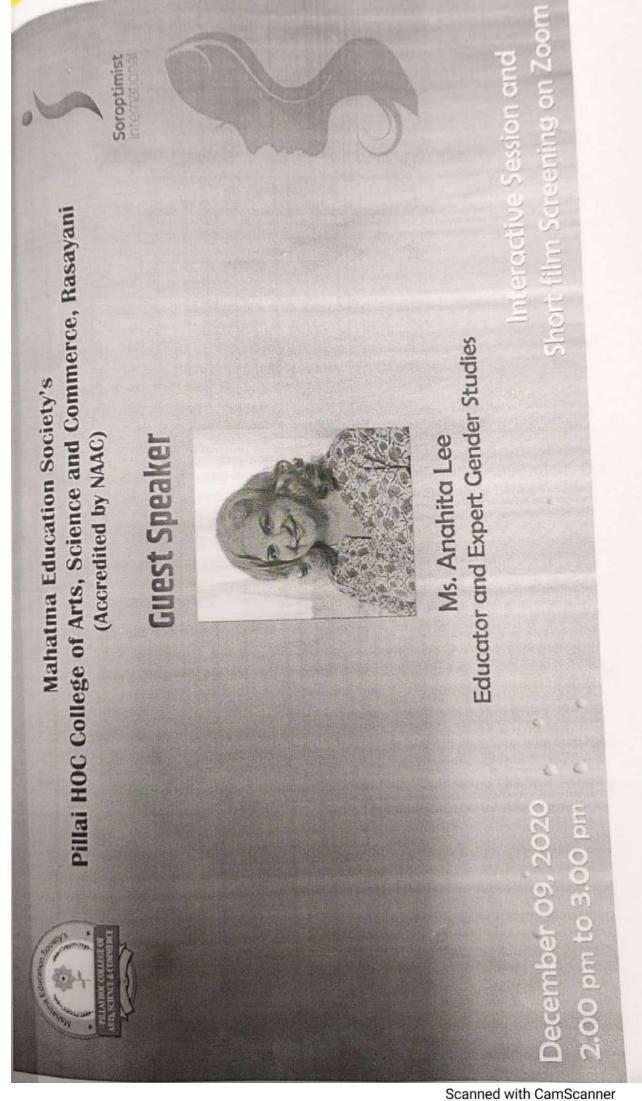


Women Development Cell of PHCASC in collaboration with Soroptimist Welfare Association (SIBC) and Internal Quality Assurance Cell (IQAC) observes

## UN 16 DAYS OF GENDER ACTIVISM 2020

Orange the World
Fund, Respond, Prevent, Collect
#Orangetheworld#generationequality#16Days

December 09, 2020 2.00 pm to 3.00 pm Interactive Session and Short film Screening on Zoom



## Mahatma Education Society's

## Pillai HOC College of Arts, Science and Commerce, Rasayani

## Report on a Webinar on UN 16 Days of Gender Activism 2020

Women Development Cell in collaboration with Soroptimist Welfare Association (SIBC) and Internal Quality Assurance Cell organised UN 16 days of Gender Activism on December 09, 2020, to raise awareness about gender-based violence as a human rights issue at the international, national, regional and local level. Soroptimist members from all over India had joined for the event. Ms. Molly Bryne Robinson, Soroptimist International, Greater London had also joined. A total of 220 participants attended the same.

The guests of honour for the said event was introduced by Prof. Linu George, which was followed by an introduction of SIBC by Ms Yvette Lee, President(SIBC).

#### 1. Ms. Anahita Lee, Educator and Expert Gender Studies

Ms. Anahita Lee spoke about the 16 days of Activism spanning from International Day for the Elimination of Violence against Women on 25 November, through Human Rights Day on 10 December, an annual campaign against gender-based violence. It is the time of year when a whole lot of people come together and speak out on one topic: ending violence against women and girls. In the streets, in schools, offices, villages and cities, every year, people around the world galvanize to raise awareness and take action during the 16 Days of Activism against Gender-Based Violence.

Two selected short films were screened. Based on the short films, Ms Anahita Lee tried to open a dialogue to understand and comprehend what women go through on a personal level, almost every day of their lives. Major issues like safety, freedom, laws to curb violence so on and so forth were discussed in detail. She put forward a series of questions which were adequately answered by the students. The students, in return, cleared all their queries regarding coexistence of gender. It was followed by the vote of thanks by Prof. Priyesh Keekan. The feedback link was shared with the attendees.

# UN 16 Days of Gender Activism 2020

"Because I am a woman, I must make unusual efforts to succeed. If I fail, no one will say, 'She doesn't have what it takes'; They will say, 'Women don't have what it takes.'" -Clare Boothe Luce

Dear All,

Greetings!

Women Development Cell in collaboration with Soroptimist Welfare Association (SIBC) and Internal Quality Assurance Cell organises UN 16 days of Gender Activism on December 09, 2020 to raise awareness about gender-based violence as a human rights issue at the international, national, regional and local level.

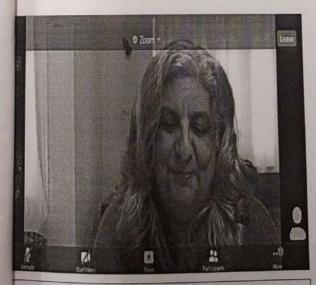
The Theme for the Event is 'I am Generation Equality- Realizing Women's Rights' which concerns Women's Safety Issues, taking into consideration the Hathras case and many such rising cases all over India.

We are glad to have Ms. Anahita Lee as our guest speaker to interact with students and faculty members to discuss how to mould the psyche of society and to be accountable towards the co-existence of gender.

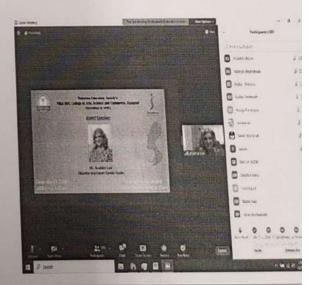
The event will also screen short films followed by an interaction with the guest speaker.

Title of the Event: - 'I am Generation Equality - Realizing Women's Rights'

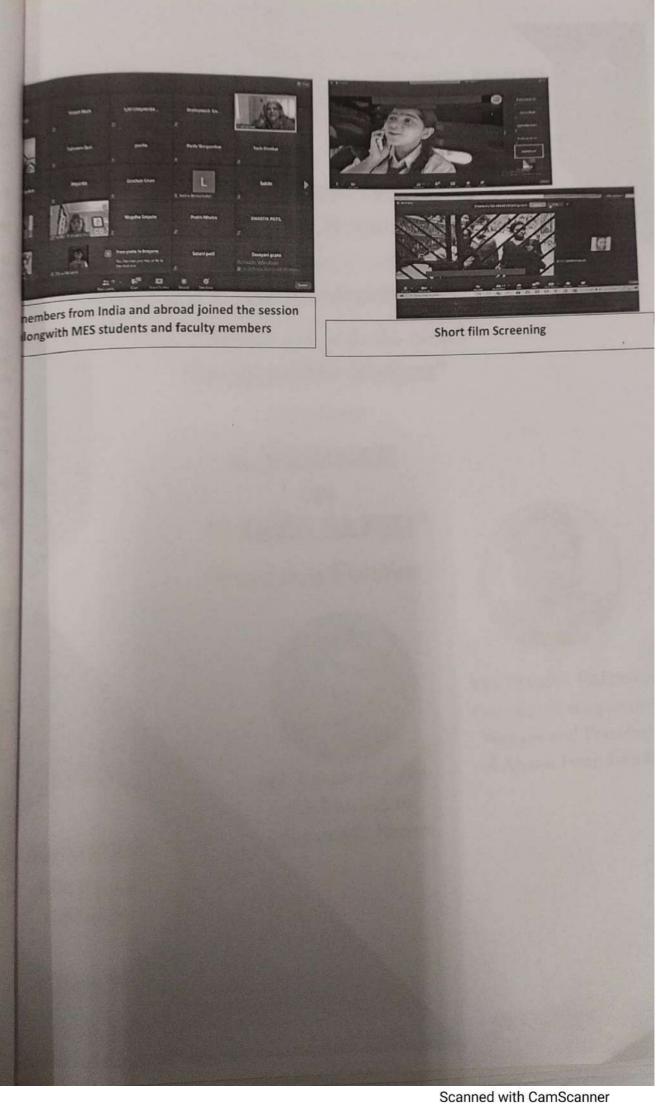
Time: - 2.00 p.m - 3.00 p.m



Jest Speaker – Anahita Lee – Educator and Expert Gender Studies



Live interactive session Anahita Lee with stud



## **Track Act -Activity Tracker**

Name of the event :-	Workshop on Yoga
Conducted by:-	SWA in association with WDC of Pillai HOC College of Arts, Science & Commerce, Rasayani
Date:-	June 22, 2022
Venue/ Online Platform:-	Offline
Activity Falls under Criterion/Criteria:	Criterion VII
Convenor:-	Dr. Babita Panda
Co-Convenor: - (if any)	Ms. Arushi Dube
Number of participants benefitted:-	62
Report:-	
	Mahatma Education Society's Pillai HOC College of Arts, Science and Commerce , Rasayani
	Workshop on Yoga

The Soroptimist Welfare Association (SWA) in association with the Women Development Cell (WDC) of Pillai HOC College of Arts, Science, and Commerce, Rasayani organized an event titled "Workshop on Yoga" to mark International Yoga Day on Wednesday, June 22, 2022.

Ms. Sarika Choudhari, Yoga Instructor was the resource person for the event. She is an Ardent Practitioner of Yoga Naturopathy and Yogic Shudhhi Kriya Science for the last 15 years. Specialized in Yoga in children, youth and pregnancy. The workshop commenced with a welcome speech by Ms. Kalavati Upadhyay, Assistant Professor. The resource person began by giving a brief description of the origin of Yoga and pointed out some of the benefits of practising yoga. She then gave a practical demonstration of several basic asanas which one can easily follow every day to enhance their well-being and fitness level. She explained in great detail the benefits of each asana. Some of the asanas that she performed were surya namaskar, omkarasana, tadasana, sirsasana, chakrasana, vajrasana, paschimottanasana, and bhujangasana. She also talked about the concept and significance of physical, mental and spiritual health with suggestions on how to develop these aspects of health and also elaborated on the preparation and steps to meditate.

The interactive workshop concluded with a vote of thanks by Dr. Babita Panda, Assistant Professor.

A total of 62 students participated in the workshop across all streams thereby making it a grand success.

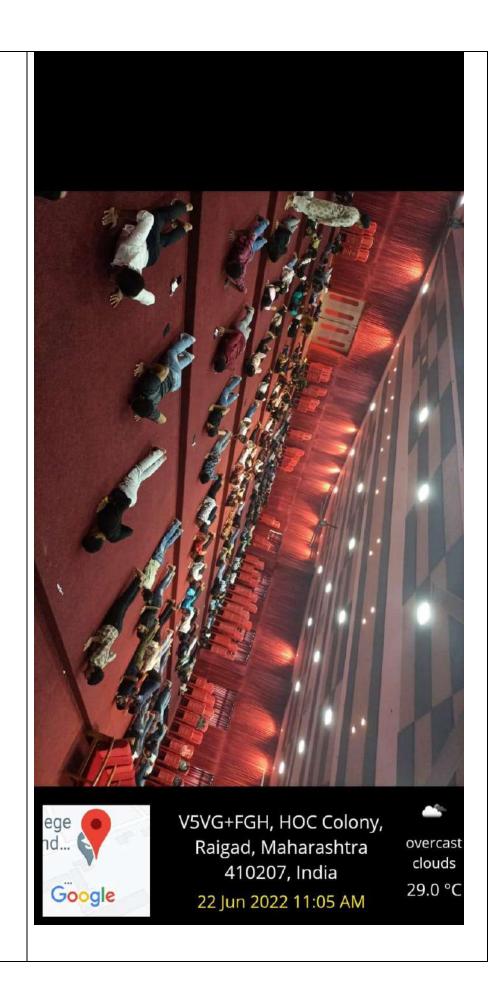
Photos:-

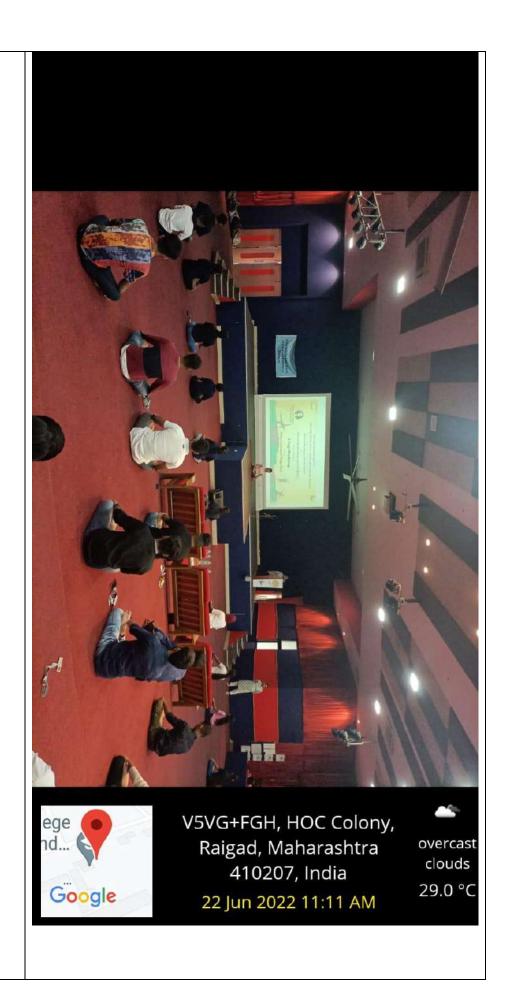
**Flyer** 

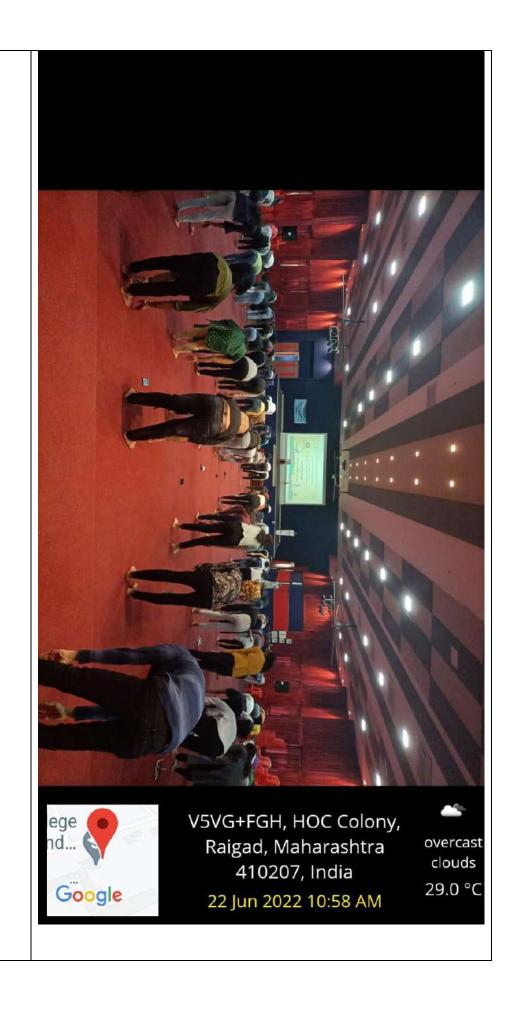












Winners	NA