

Mahatma Education Society's
Pillai HOC College of Arts, Science & Commerce, Rasayani
(NAAC Accredited)

Annual Report 2018-2019



Datam
Principal
Mahatma Education Society's
Pillai's HOC College of Arts
Science and Commerce
HOC Educational Campus,
Rasayani, Tal. Khalapur,
Dist. Rajahmundry, PIN - 410 207

Introduction

We take immense pleasure in presenting the Annual Report of Pillai HOC College of Arts, Science, and Commerce which documents its developments and achievements. This can be attributed to the dedication and team spirit of the members of the management, staff, and students.

Pillai HOC College of Arts, Science, and Commerce which was established in 2008 with 95 students, today stands tall with the strength of 1428 students.

The college offers eight programmes; B.Com, BMS, BSc– CS, BSc– IT., BMM, BSc, B.Com (Accounting & Finance) & BA. Applied for 2 PG courses- M.Com and M.Sc.IT.

University Results:-

BSc.IT	78.26%
BSc. CS	87.88%
BSc	53.85%
B.COM	45.45%
BMS	87.18%
BMM	100.00%

Staff Achievements:-

In the year 2018-19 following teachers were honoured and received recognition:

- 1.Ms. Ashwini Satve, Member of Board of Studies, C. K. T College, Panvel.
2. Mr.Swapnil Patil was invited as a Guest Speaker at the Maharashtra Centre for Entrepreneurship, Government of Mumbai.

3. Dr. Jayant Behera was invited as a Keynote Speaker for World Earth Day Celebrations organised by Pillai HOC College of Engineering and Technology, Rasayani.

4. Dr. Ketan Patil received the Best Research Paper Award at the National Conference on IPR organised by Pillai HOC College of Arts, Science and Commerce, Rasayani.

Research Activities:-

Research Publications in the Journals notified on UGC website during the year:

Name of the Faculty Member	Title of the Paper	Type of articles	Name of the Journal	Name of Institute
Jayanta K Behera	“Morphology of the Auroral Electrojets over Maitri Station, Antarctica”	International Technical Publication	Twenty Eighth Indian Antarctic Expedition 2008 Ministry of Earth Sciences, Technical Publication	Pillai HOCL college of Arts , Science and Commerce , Rasayani

- Three faculty members published their articles/ research papers at international level.
- Two faculty members published their articles/ research papers at national level.
- Dr. A.P.J. Abdul Kalam Memorial Students’ Seminar Series was organized on 15 December, 2018 on the topic, “Evolution of movies - Walking through the Decades.”

Faculty Development Programme:-

Year	Title of the professional development programme organised for teaching staff	Title of the administrative training programme organised for non-teaching staff	Dates (from-to)	No. of participants (Teaching staff)	No. of participants (Non-teaching staff)
2018-19	Mahatma Education Society's Pillai HOC College of Arts, Science & Commerce in collaboration with Heartfulness Institute organises a Faculty Development Program on Pursuit of Inner Self Excellence (POISE) along with Relaxation Technique and Heartfulness Meditation	-	12-04-2019 to 14-02-2019	19	-
2018-19	Efficient Professional English	Efficient Professional English	24-04-2019 to 02-05-2019	35	15
2018-19	Mind Mapping	-	28-03-2019 to 30-03-2019	60	-
2018-19	-	Training on MS-Office	8-04-2019 to 10-04-2019	-	15

Professional Development / Administrative Training Programmes were organized by the Institution for its teaching and non-teaching staff during the year.	04
Number of teaching and non-teaching staff undergoing online/ face to-face Faculty Development Programmes during the year.	19

Entrepreneurship Development Cell:-

Ms. Aayushi Badala and Mr. Hrushikesh Patil from SYBMS bagged Second positions in the event, “Business Plan Competition” organised by the Pillai Centre of Innovation and Entrepreneurship.

Students’ Activities & Achievements:-

1. Mr. Mukeshkumar Mishra and Mr. Kaushik Ghanekar from TY. BSc.CS participated in the Avishkar Research Convention where they got selected as a finalist at the University level organized by the Department of Student Development, University of Mumbai.
2. Mr. Bhushan Gunjal from SY.BAF won the gold medal in the National level Taekwondo Championship.

Extension Activities:-

Students participated in extension activities with Government Organisations, Non-Government Organisations, and programmes such as Swachh Bharat, Aids Awareness, Gender Issues, etc. A total of 142 students participated in various extension activities in the current academic year.

- The NSS Unit of the institution received an award from MHRD for Unnat Bharat Abhiyan with a cash prize of 50,000/- in the academic year 2018-19.
- The NSS Unit received an award from the District AIDS Prevention and Control Unit for AIDS Awareness Programme conducted in Alibaug with a cash prize of 4,000/- in which 100 students were benefitted.

Association Activities:

Diverse activities were conducted by the clubs to facilitate the overall development of the students. Maths Club, IT Club, Commerce Club, Nature Club, Film, Music & Drama Club had conducted different programmes for the students.

NSS Activities:

Blood Donation Camp	NSS in association with Sai Blood Bank
Diwali Serve Humanity- A visit to Shantivan	Shantivan (NGO)
Ekta Diwas at Gulsunde Village	Sarpanch of Gulsunde Village
Alibaug Beach Cleaning Drive	Alibaug Nagar Parishad
Workshop on Mahiti Doot	Alibaug Unit

International Youth Day	NSS
AIDS Prevention Awareness	District AIDS prevention and control unit (Alibaug)
Swachh Bharat Internship in Adopted Village Gulsunde and Chincchmal	Sarpanch
Kargil Vijay Diwas	NSS
No Tobacco Day (Pledge)	NSS
World Environment Day- Poster Making Competition	NSS
Trekking & Cleaning at Sinhgadh Fort	NSS
Birth Anniversary of Dr. A.P.J. Abdul Kalam	ZP school of Adopted village Gulsunde, Majgoan, Karade, Chambharli
Distribution of Sanitary Pads in Majgoan village	NSS
Awareness on Gender Sensitization on the Occasion of Diwali	Rotaract club of patalganga
NSS day celebration (pledge to serve Society and Responsibility of True Citizen of our Country)	NSS
Voters Day- Rally Awareness about our Rights in Mohopada	NSS

Tree Plantation	NSS
Rally on Anti-Plastic	NSS

Other Activities:

International Yoga day was observed by all the staff and students on 21st June 2018. Academic toppers were honoured at the annual fest.

CSR Activities:

The NSS unit conducted an event for Community Service Day on January 27, 2018, in which the NSS students and staff interacted with the students of Vanvashi Kalyan Ashram from Mohopada village and spread awareness about proper sanitation, hygiene, and other health-related factors.

Students' Participation and Achievement in Sports:-

- Mr. Bhushan Gunjal had won Bronze Medal in Taekwondo

The competitions were held on the following dates and venues:

- Wrestling -Date: 27/08/2018; Venue: J.S.M College, Alibaug
- Football - Date: 26-27/09/2018; Venue: CKT College, Panvel
- Kho-Kho - Date: 31/10/2018 to 1/11/2018 ;Venue: Gogate Jogalkar College, Ratnagiri
- Taekwondo - Date: 17/02/2018 to 19/02/2018; Venue: Khalsa College, Wadala
- Volleyball - Date: 27/08/2018; Venue: Dr. Ambedkar College, Wadala

The Name of the Participants:

Wrestling:

1. GUPTA ADITYA SATISH
2. PAL VIKAS KUMAR
3. DANDEKAR HRISHIKESH SUNIL

Football:

1. RAWAL RAHUL B
2. RAWAL YOGESH R.
3. UPASANI SIDDHESH S.
4. GAIKWAD SOURABH
5. POJJARY YASHWIN B.
6. SURVE RIDHIKESH R
7. DOBHAL AAKASH D.
8. NALITYAL MANJUL S.
9. KUMAR RISHAV R.
10. SINGH KULDEEP R.
11. BHATT NITISH Y.

Kho-Kho:

1. KONDILKAR SWAPNALI
2. PATIL SAKSHI
3. PATIL NEHA
4. PATIL JAGRUTI
5. PATIL KIRTI
6. KONDILKAR RINA
7. TAKALE MONIKA
8. SONAR ANITA
9. PADAWAL PRIYA
10. RATHOD MANISHA
11. PAWAR VAISHALI

Taekwondo:

1. BHUSHAN GUNJAL
2. MITHUN RATHOD
3. RUSHIKESH KAMBLE
4. SHAIKH KALAM

Badminton:

1. JITESH JADHV
2. NACHIKET JADHAV
3. KSHITIJ KANAWADE
4. AKASH HANUMANT
5. ATHARVA GHASE
6. ROHAN SHIRKE

Volleyball:

1. PATIL RAJANI
2. HATKAR HARSHADA
3. KADM SHWETA
4. KADAM SYALI D.
5. KUMBHAR AARTI
6. THAKUR BHUMIKA
7. GORE VAISHNAVI

Placement Cell:-

- Thirty students of PHCASC from various departments got on-the-job training in Flipkart as an internship.
- Thirteen students got placements under Capgemini, TCS, Hexaware, Infosys, Vlite Furnitech, Ornet Technology and L & T Infotech

Best Practice:

Introduced 'Positive Psychology' as best practice in the year 2018-19.

- To create awareness about enhancing the Emotional Quotient (EQ) of both students and faculty members.
- To offer a starting point for self-inquiry and self-efficacy.

- To help students understand the relevance of positive thinking in their life through a series of modules and activities.
- To motivate the students to pursue personal meaning and fulfilment in their lives.

The context that required the initiation of the practice:

Students get more overwhelmed now with disruptions in their life than they did earlier. The stress experienced due to lack of clarity in career planning, peer pressure, peer-to-peer relationships, family conflict, obligations of staying active in social media, relocation, and performance pressure in academics and other fields becomes too much for the students to handle. Anxiety, panic attacks, anger management issues, adjustment disorders, suicidal intentions, and addictions are all behaviors that we see on the rise. Intervention by the college becomes necessary since the students spend a major part of their day here. Our Positive Psychology sessions facilitate the students to cultivate positive thought patterns, gain confidence, improve behaviour, learn better communication skills and work toward their holistic development.

Objectives of the Practice:

Positive psychology concentrates on positive experiences at three time points:

- (1) The past that features wellbeing, contentment and satisfaction;
- (2) The present which focuses on the concepts such as happiness and flow experiences; and
- (3) The future comprises optimism and hope.

The Practice :

The modules deal with topics such as happiness, self-esteem, empathy, friendship, goal setting, love, achievement, creativity, mindfulness, spirituality, and humour. The objectives of the programme are achieved through lectures, class discussions of relevant topics, small projects, and indoor activities. Post-session assignments such as reading, review, and quizzes are also incorporated into the curriculum along with students' voluntary initiatives. Content

development for the Positive Psychology modules was allocated to specific teams within the IQAC. They researched and classified their allotted modules into four distinct titles and also designed the content in such a manner that activity-based learning is facilitated. A general assembly of all the students and faculty members across the institution was held on February 11, 2019 in the auditorium, during the lecture assigned for the positive psychology session. Ms. Jarvis Varghese, the official counsellor of the campus conducted an interactive session with the students on this occasion. She is also a music therapist who has many years of experience to her credit. Throughout the positive psychology sessions, the focus was on inducing positive emotions, committing acts of kindness, and enhancing social connections that enable individuals, demonstrating the usefulness of the discipline for individual, group, and community wellbeing

Impact of the effectiveness of positive psychology lies within the extent to which positive psychology can turn negative emotions into positive emotions. It was observed that both students and faculty members felt a significant increase in energy, a boost in morale, and an enhancement in performance. The module contents circulated proved to be an ideal guideline on the approach and methodology to be pursued during the positive psychology sessions. Since the pedagogy was majorly activity oriented and encouraged maximum student participation, they felt highly involved in the entire process. Positive psychology principles and exercises are applied in several different settings, including the classroom, the workplace, and at home.

Resources required

Uniform teaching material for all the courses that were developed by the IQAC team. Fixed and regular sessions to cover all topics were planned by allotting the third lecture every Monday as Positive Psychology slots across all the courses and classes.



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